

# UTRGV-EHS-CCP Program

## Infants: Remote Teaching Instructional Guide

Week of: February 8-12, 2021

Classroom Teachers and Room Number:

Director or Center Manager Approval:

Parent Acknowledgement:

Date:

Date:

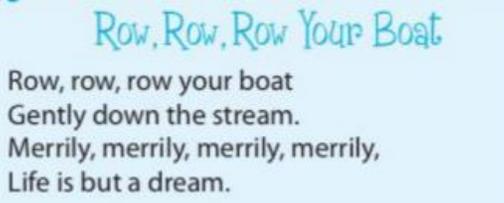
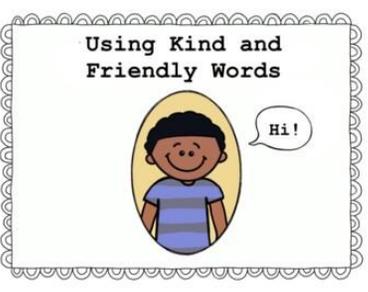
**Learning Outcomes: This week children will learn about the colors blue. Dress Lily in blue all week.**

**Learning Goals:**

**Develops emerging skills in caring and cooperation (B.4.f)**

**Uses hands or feet to touch objects or people (A.3.a)**

**Recognize and responds to the feelings and emotion of others and begin to show concern (B.4.c)**

<u>Mental Health:</u>	<u>Unite</u>	<u>Calm</u>	<u>Connect</u>	<u>Commit</u>
Dr. Bailey's Conscience Discipline Strategies	Morning Song: Good Morning to you.	Invite the children to make "ocean waves" by inhaling and exhaling several times. Remind children that this type of breathing is one way of releasing stress.  	Tell children that they are going to pretend to roll a boat over the ocean. Have them sit in a line with their legs straddling the child in front of them. Sit at the front of the line. Demonstrate rowing. Point out that you are rowing carefully so your arms don't hit the friend in front or behind you. Sing while rowing.  	Focus on using kind words. Give example of kind words and phrases (please, thank you, May I help you? You can do it.)  

**Morning Message Sentences: 1. The sky is blue. 2. The crayon is blue.**



# Literacy

<b>Theme: 5</b> <b>Week : 3</b>	<b>Readiness Skill</b> <b>Literacy Must Do's: Sing the ABC Song</b>	<b>Family Connection</b>	<b>Nursery Rhyme/Song</b>	<b>Enrichment Activities</b>	<b><u>1 Parent Tip, 1 Milestone,</u></b> <b><u>1 Special Needs Adaptations</u></b>
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**Wonderful Words of the Week:**

- Color
- Blue

**Language Enhancement: (Use sign language for vocabulary words)**

Use your classroom mascot to encourage participation and language opportunities as you interact with the



color  
color

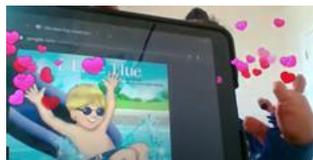
child/children.



blue  
azul

**Title of Story:**

I Like Blue!



**Read A Loud Tips:**

Use different tones of voice and facial expressions.

**Discussion:**

What can you see on the cover of the book?

Can you show me some items that are Blue?

What other items can we see in the book?

**Learning Goals:**

C.3.d Develops an expectation that words, books, and pictures can amuse, delight, comfort, inform and excite.

**Learning Outcomes:**

This week children will learn about the color blue. Dress Lily in blue at the beginning of the week.

**Materials:**

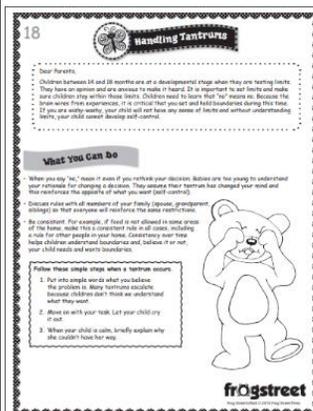
- "I Like Blue!" Book

**Procedures:**

- Present the story to your child.
- Show her the parts of the BOOK such as the **front** cover, **back** cover, and **spine** of the book.

**Family Connection**

Card Number or Newsletter: #18



**Family Game: Collage Hearts**



Cut out a big heart and decorate the heart with different red, pink, purple, silver items or with friendship day related items.

**Nursery Rhyme/s**

"The Color Song"

<https://www.youtube.com/watch?v=fAGpIE-5G38&t=45s>

**Entrance Song:**

"ABC Song"

<https://youtu.be/75p-N9YKqNo>

**Closing Song:**

"See you later alligator"

<https://youtu.be/2QkhX7R7K7U>

**Enrichment Activities**

Activity Title: D.I.Y Friendship Card



**Materials:**

- Red or Pink Construction Paper
- Stickers to decorate your card with

**Procedure:**

- With whichever color you chose, cut the paper out in the shape of a heart
- Paste your stickers on the card

**1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations**

**Parent Tip:**

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close.

**Milestone:**

Child recognizes pictures and some symbols, signs, or words.

**Adaptation:**

Put the book away for awhile if your child loses interest or is having trouble paying attention.

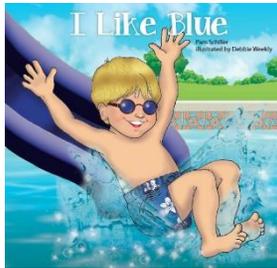
- Read the story to your child.
- Find some blue items at home.
- With the items you found, identify the blue objects with your child.

**Questions (Before, During, After):**

**Before:** What Blue items are around your house?

**During:** What things in the story could also be a color other than Blue?

**After:** Which Blue object was your favorite?



**English YouTube Video:**



**Spanish YouTube Video:**



# Math

**Wonderful Words of the Week:**  
Color/ blue  
**Language Enhancement:**  
(Use sign language for vocabulary words)



## Readiness Skill

**Title of Activity:** Shades of blue



**Learning Goals:** A.3.b.- Develops control of small muscles for manipulation and exploration.

**Learning Outcomes:** This week children will learn about the color blue.

### Materials:

- Different shades of Blue construction paper or white paper and 2 different shades of blue crayons or paint.
- Objects that are blue



### Procedures:

- On 2 pieces of paper color using the light blue, blue, crayon, Or paint.

## Family Connection

### Card Number or Newsletter:

Developing your Baby's color palette



### Family Game:

Friendship cards



Use blue hearts from the enrichment activity to make friendship cards.

## Nursery Rhyme/s

I See Something Blue | Colors Song for Children  
<https://youtu.be/jYAWf8Y91hA>

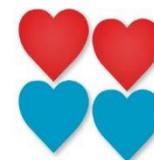
**Entrance Song:** The More We Get Together  
<https://youtu.be/SpzLA-w1l8s>

**Closing Song:** Goodbye friends  
<https://youtu.be/2O975ewRT7Q>

## Enrichment Activities

### Activity Title:

Matching game



- **Materials:** Different shades of blue construction paper
- Scissors

**Procedure:** Cut pairs of hearts from different colors of construction paper (two light blue hearts, two blue hearts, two dark blue hearts). Hide one set of colored hearts around a room. Show your little one a heart shape and then send him on a hunt to find all the hearts. After the hunt, help your child match each heart to the same colored heart in the set you did not hide. On another day, cut out other shapes or use other colors for the hunt.

## 1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

• Neuroscience research supports that colors can affect our mood and behavior. You can use colors to increase your little one's alertness or to calm your little one. The color blue helps: Create a sense of well-being. promotes relaxation can lower temperature decreases appetite.

• At about 12 months little ones use their observations to begin to match similar objects.

• For children learning the color blue to focus on one different shade of blue at a time.

	<ul style="list-style-type: none"> <li>• Encourage child to create 2 different shades of blue</li> <li>• Talk to child about the 2 different shades of blue created. (light blue, blue.)</li> <li>• Ask child to find items in their house that are light blue and blue.</li> </ul> <p><b>Questions (Before, During, After):</b></p> <p><b>Before:</b> What color do we see?</p> <p><b>During:</b> How many shades of blue do we have?</p> <p><b>After:</b> What shade of blue is your favorite?</p> <p><b>English YouTube Video:</b> </p> <p><b>Spanish YouTube Video:</b> </p>				
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Pretend and Learn					
<p><b>Wonderful Words of the Week:</b> Color, Blue</p> <p><b>Language Enhancement:</b> (Use sign language for vocabulary words)</p>	<p><b>Readiness Skill</b> <b>Title of Activity:</b> Creating Blue Play Dough</p>  <p><b>Learning Goals:</b> <b>( D.4.b.)</b> Uses imitation in pretend play to express creativity and imagination</p> <p><b>Learning Outcomes:</b></p>	<p><b>Family Connection</b></p> <p><b>Card Number or Newsletter:</b> #5</p> 	<p><b>Nursery Rhyme/s</b> The Color Blue Song <a href="https://www.youtube.com/watch?v=cO1pMuaG5xA">https://www.youtube.com/watch?v=cO1pMuaG5xA</a></p> <p><b>Entrance Song:</b> Hello Friend <a href="https://www.youtube.com/watch?v=VsyYeWVYDdM">https://www.youtube.com/watch?v=VsyYeWVYDdM</a></p> <p><b>Closing Song:</b> "See You Later Alligator." <a href="https://youtu.be/2QkhX7R7K7U">https://youtu.be/2QkhX7R7K7U</a></p>	<p><b>Enrichment Activities</b></p> <p><b>Activity Title:</b> Valentine's Day Cloud dough</p>	<p><b>1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations</b></p> <p>* Tip for parents: Give your baby time to slowly adjust to the outside world.</p> <p>*Milestones: Is able to enjoy a wide variety of touch, noise, and smells.</p> <p>* Special needs: Provide opportunities for the child to experience new</p>



Through play and imagination, children will learn the color blue.

**Materials:**

- \*1 cup flour
- \*1/2 cup salt.
- \*1 T. massage oil.
- \*1/2 cup of water.
- \* Artificial color blue.

**Procedures:**

- \*Mix all ingredients.
- \*Use more water as needed, one tablespoon at a time, until the mixture binds.
- \*Knead. This dough's oily consistency provides different textures experience.

**Questions (Before, During, After):**

**Before:** What do you think we, will do with this material?

**During:** What happens when we mix all the ingredients?

**After:** Now how does play dough feel in your hands?



**English YouTube Video:**



**Spanish YouTube Video:**



**Family Game:**  
**\*Water Bottle Fun:**



Put some paint, beads, glitter, or marbles color red in a sealed water bottle. Give it to baby and let them shake it around, and pretend make sound and pretend it's beach water. Helps baby develop their visual skills.



**Materials:**

- \*1 cup oil.
- \*6 cups flour.
- \*1 cup of water.
- \*artificial color (red)

**Procedure:**

- \*Mix all ingredients.
- \*Use more water as needed, one tablespoon at a time, until the mixture binds.
- \*Knead. This dough's oily consistency provides different textures experience.

concepts through touch or sound.

# Art/Creativity Station

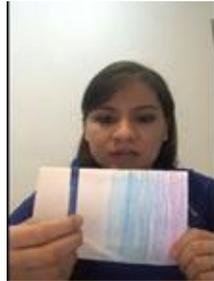
**Wonderful Words of the Week:**  
Color  
Blue

**Language Enhancement:**  
(Use sign language for vocabulary words)



## Readiness Skill

**Title of Activity:**  
Different Kinds of Blue



**Learning Goals:**  
Develops skills and confidence with processes of art, such as drawing, collage, and painting (D.5.a.)

**Learning Outcomes:**  
The child will be learning about the color blue.

**Materials:**  
1. Crayons or paint (blue)  
2. Paper

**Procedures:**  
1. Show the child the materials to be used  
2. Show the child the kinds of blue  
3. Explain to the child the different kinds of blue  
4. Encourage the child to create a collage on the paper  
**Questions (Before, During, After):**

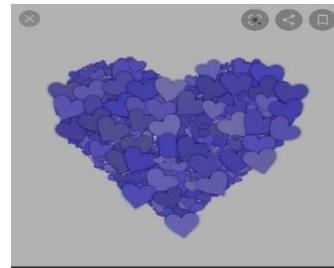
## Family Connection

**Card Number or Newsletter: # 3**  
**Seeing through your baby's eyes**



## Family Game:

### **Collage a Blue Heart**



Invite child to collage a large blue heart with different sizes of blue hearts when the child finishes collaging all the hearts explain and teach the different sizes of the hearts to develop the area of language and cognitive skills.

## Nursery Rhyme/s

Color blue  
[https://youtu.be/srJDNRnz\\_Fc](https://youtu.be/srJDNRnz_Fc)  
**Entrance Song:**  
Hello Friends  
<https://youtu.be/3ywlu30lqKA>  
**Closing Song:**  
Goodbye to You  
<https://youtu.be/STMI4yjPpoM>

## Enrichment Activities

**Activity Title:**  
**Make a Blue Fish**



## **Materials:**

1. Paper plate
2. tissue (blue)
3. Crayons or Paint (blue)
4. Wiggle eyes

## **Procedure:**

1. Paint the paper plate with blue paint or blue crayon.
2. Cut the paper plate with a fish form.
3. Collage the fish with pieces of blue tissue paper.
4. Glue the wiggle eyes.

## 1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

**Parent Tips**  
Using consistent language helps younger children develop speaking skills.

**Milestone**  
Explores things in different ways, like shaking, banging, throwing.

**Adaptation**  
Help the child by holding the crayon or brush while doing the activity.

	<p><b>Before:</b> What materials are being use?</p> <p><b>During:</b> What other colors are derived from color blue?</p> <p><b>After:</b> Where we can find the color blue?</p>  <p>English YouTube Video:</p>  <p>Spanish YouTube Video:</p> 				
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<b>STEAM Building Structures</b>					
<p><b>Wonderful Words of the Week:</b> Color Blue</p> <p><b>Language Enhancement:</b> Blue Green</p>	<p><b>Readiness Skill</b></p> <p><b>Title of Story:</b> "Mixing our Colors."</p> <p><b>Learning Goals:</b> Uses hand or feet to touch objects or people (A.3.a.)</p> <p><b>Learning Outcomes:</b></p>	<p><b>Family Connection</b> Card Number or Newsletter: # 19 Keeping peace in the car</p>	<p><b>Nursery Rhyme/s</b></p> <p>"Color Blue" <a href="https://youtu.be/srJDNRnz_Fc">https://youtu.be/srJDNRnz_Fc</a></p> <p><b>Entrance Song:</b> "Hello Song" <a href="https://youtu.be/DEwPi7vxg">https://youtu.be/DEwPi7vxg</a></p>	<p><b>Enrichment Activities</b></p> <p><b>Activity Title:</b> "Blue color cube"</p>	<p><b>1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations</b></p> <p><b>Parent tips:</b> Blue and green are both calming colors</p> <p><b>Milestones: 7-9</b></p>



blue  
azul



green  
verde

The child will learn about the color "Blue" show examples of green objects

**Materials:**

1. Yellow play dough
2. Blue play dough

**Procedures:**

- 1- Explain to the child that we are going to mix the play dough using yellow and blue.
- 2- Encourage the child to do the activity with you.
- 3- When mixing the colors, explain to the child what colors we see.
- 4-Talk about the color green and where else we can find things and objects of the color green.
- 5- You can make an example of a tree leaf with the play dough and show it to him.

**Questions (Before, During, After):**

**Before:** What colors do we need to mix our colors?

**During:** What color is the play dough now?

**After:** What other items are green? Do you see any green color around your house?

19 **Keeping Peace in the Car**

**Dear Parents,**

- It is frustrating and disappointing when little ones choose to cry in the car. It makes it increasingly difficult to concentrate on driving, and you may be in the car for hours off and on.
- Strapped into a seat, being hungry, and even in some cases being uncomfortable with the movement of the car, your toddler can learn that they only cry in the car. Try some of the suggestions below but do not give too much attention to this frustrating behavior. If crying persists over time, talk to your pediatrician.

**What You Can Do**

- Make sure your baby is comfortable. Ensure that car seat straps are snug but not too tight. Make sure clothing is not bunched up under your child.
- Ensure that air vents are not blowing directly on your baby.
- Swaddle your newborn (up to 3 months). This helps your baby feel secure.
- Use one song to your baby.
- Play a music CD. Use white noise if it is noisy in your baby's sleep. Otherwise use a CD that contains traditional songs like "The Wiggles" and "The Wheels on the Bus."
- Make a CD of your baby's play in the car.
- Provide toys for your baby.
- Provide snacks for older children. Make sure that snacks are safe and not a choking hazard.
- Copy photos of family members and encase them in clear self-adhesive paper or laminate them. Tape the photos in a place (like window, back of driver seat, back of back seat) that your baby can see them.
- Place a mirror where your baby can see himself.

Some babies need to be oriented toward entertainment. Provide a stuffed animal that plays ocean-wave sounds or has a heartbeat sound.

**frogstreet**

**Family Game: "Looking for Hearts"**



Talk about the shape of the heart and put the blue hearts under a blanket. And encourage the child to find them.

**Closing Song:**

"Bye, Bye Goodbye"

<https://youtu.be/PranN5ZoSjY>



**Materials:**

- Empty tissue box
- Glue
- Scissors
- Blue paper in shape of a heart.

**Procedure:**

- . Create a blue color cube by using an empty tissue box.
- . On the blue paper draw 6 heart shapes
- . Cut out the hearts with the scissors (be cautious with the scissors around baby)
- . Then glue them in the empty box so that it forms a cube.
- . Give the color cube to your little one to explore it.

. Picks up small objects with thumbs and fingers  
Observes environment from a variety of positions – while lying on back or tummy, sitting, crawling, and standing with assistance

**Adaptation:**  
Encourage the child to examine the texture of the play dough.



English YouTube Video:



Spanish YouTube

Video: 

# Social Emotional Development

**Wonderful Words of the Week:**

Blue Color

**Language Enhancement:**



## Readiness Skill

**Title of Story:** Wave Bottle



**Learning Goals:** Recognizes and responds to the feelings and emotions of others and begins to show concern.

**Learning Outcomes:** This week children will learn about blue. Show examples of blue throughout the week.

### **Materials:**

1. Plastic clear bottle
2. Mineral oil
3. Blue food coloring
4. Plastic fishes
5. Glue/Tape

Denatured alcohol

### **Procedures:**

1. Fill a clear plastic bottle ¼ full of mineral oil.
2. Fill it with denatured alcohol.
3. Put in a few drops of blue food coloring.
4. Add plastic fishes inside the bottle.
5. Make sure to seal the top with either some duct tape or hot glue, so the children cannot open it.
6. Sit with your child and watch the motion of the waves as you gently rock the Wave Bottle back and forward.

## Family Connection

**Card Number or Newsletter:** 18



**Family Game:**  
Red Jell-o



Sit with your child as they enjoy this snack. Discuss how it feels and if they like the way it tastes.

## Nursery Rhyme/s

The color blue song  
<https://www.youtube.com/watch?v=cO1pMuaG5xA>

**Entrance Song:**  
**Hello Friends**  
<https://youtu.be/3ywlu30laqA>

**Closing Song:**  
See You Later, Alligator

<https://youtu.be/2QkhX7R7K7U>

## Enrichment Activities

**Activity Title:**  
**Heart Stamps**



### **Materials:**

1. Toilet paper tube
2. White paper
3. Tape
4. Red paint
5. White paint



### **Procedure:**

You will need an empty toilet paper roll, tape, paper, and paint.

## 1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

1. Sit with your child and watch the motion of the waves as you gently rock the Wave Machine back and forward.
2. At this age children respond to other people's emotions and seems happy.
3. Blue also increases calmness. Describe his/her emotion. For example, "Are you happy when you play with your toys?"

**Safety Warning:** Do not mix these ingredients around children or leave them in a place where children can access them. Be sure the Wave Bottle is sealed

**Safety Warning: Do not mix these ingredients around children or leave them in a place where children can access them. Be sure the Wave Bottle is sealed tightly.**



**Questions (Before, During, After):**

What do you think will happen when we put blue food coloring into the bottle?

What do you see that is blue around you?

How do you feel when you watch the waves move back and forward?

**English YouTube Video:**



**Spanish YouTube Video:**



Bend the toilet paper roll so it makes a heart shape.

Put a long piece of tape around the whole tube.



Dip it in some red or pink paint and let the kids stamp away!



They can always paint inside the hearts at the end.

# Physical Development

**Wonderful Words of the Week:**  
Color/ Blue

**Language Enhancement:**  
(Use sign language for vocabulary words)



**Readiness Skill**

**Title of Activity:** Color Hokey Pokey



**Learning Goals:** D.1.c- Shows interest in colors, shapes, patterns and pictures.

**Learning Outcomes:** this week the children will learn about the color blue.

**Materials:**

- Material box
- Wooden sticks
- Scissors
- Tape
- Blue pompoms (made out of construction paper)
- Hokey Pokey (instrumental)

**Procedures:**

- Make your pompoms using Blue construction paper.
- Cut the construction paper into strips. (Be cautious when using scissors around the child.)

**Card Number or Newsletter:**

19 parents as partners



**Family Game: Hugs**



Hug your little one and then ask your child to give you a hug. Hug a

favorite stuffed animal and then ask your little one to hug the stuffed toy. With an older infant, blow a kiss to the toy and then ask your child to blow a kiss to the toy. Say, "When we hug someone or blow them a

**Nursery Rhyme/s**

The sky is blue  
<https://youtu.be/TigsV8B0HFk>

**Entrance Song:**

The More We Get Together  
<https://youtu.be/SpzLA-w118s>

**Closing Song:**

Goodbye friends  
<https://youtu.be/2O975ewRT7Q>

**Enrichment Activities**

**Activity Title:** Painting blue with friends



**Materials:**

- Blue paint
- Paint brush
- paper

**Procedure:** Encourage child to paint with their friends using a paint brush or their hands.

**1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations**

•Teaching words that express emotions helps children know how to handle their feelings. Verbally reflect children's feelings, "It looks like you are angry."

•One-year-olds are becoming skilled at copying not only movements, but also trying to copy words.

•Parent may help child using hand over hand.

- Tape them to a wooden stick.
- Play Hokey pokey song # 13 on Frog street action song CD.
- Get your Blue pompoms
- Model moving your pompoms up and down.
- Encourage child to dance with their pompoms.



**Questions (Before, During, After):**

**Before:** Who are you dancing with?

**During:** What color are your streamers?

**After:** What are some blue objects you have in your house?

**English YouTube Video:** 

**Spanish YouTube Video:** 

kiss, we are letting them know we like them." On another day, give your child a bear hug (tight hug) and ask for a bear hug in return.

# Music and Movement

**Wonderful Words of the Week:**  
Color  
Blue

**Language Enhancement:**  
(Use sign language for vocabulary words)



blue  
azul



color  
color

## Readiness Skill

**Title of Activity:**  
"Color Hokey Pokey"



**Learning Goals:**  
(A.2.e) Develops confidence with moving in space moving to rhythm, and playing near and with others.

**Learning Outcomes:**  
This week children will learn about the colors blue. Dress Lilly in blue at the beginning of the week.

**Materials:**  
Frog Street Action Song Color Hokey Pokey song #13

**Procedures:**  
1. Begin by giving each child a blue steamer.  
2. Invite the infant to wave their streamers as the lyrics suggest.  
3. Use "Hokey Pokey" instrumental (Frog street Action Song #13 to accompany your dance.

**Questions (Before, During, After):**  
**Before:**  
Can you tell me if you find something blue around you?

## Family Connection

**Card Number or Newsletter:**  
#18



**Family Game:**  
"Catch my Heart"



A red ball or beanbag represents the heart in this game.

Give one player the heart. They must call out another player's name and toss the heart to that family member. Then that player does the same thing, and so on. Use just one "heart".

## Nursery Rhyme/s

"The Color Song"  
<https://youtu.be/fAGpLE-5G38>

**Entrance Song:**  
"Hello Song"  
<https://youtu.be/3ywlU30IqKA>

**Closing Song:**  
"See you later Alligator"  
<https://youtu.be/2QkhX7R7K7U>

## Enrichment Activities

**Activity Title:** "Color tube and pompom Match"



### Materials:

- Toilet paper tubes
- Colored construction paper
- Empty container
- Colored pompoms

### Procedure:

- Challenge the child to sort large red, purple and pink pompoms into the appropriate color tubes.
- Discuss the colors they are sorting.
- Sit with the child as they sort.
- Ask: Which color is your favorite? Has your favorite color changed from the last time you did this activity?

**1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations**  
**Parent tip:**

Dance with your baby while the music is playing and role model different dance moves at different paces.

### Milestone:

Can get into a sitting position.

### Special Adaptations:

While holding baby, sway to the beat of the music.

**During:**

Who do you like to dance with?

**After:**

What other items are blue outside of your home?



English YouTube Video:



Spanish YouTube Video:

